

# [Webinar] Psychological First Aid for Legal Professionals



25 October 2021, Monday  
2.00pm – 4.00pm



*This programme is conducted as a live webinar.*

Registration Fees	
Category	Fees (Inclusive of 7% GST and course materials)
Law Society Member	<del>\$32.10</del> *Free <i>Terms and conditions apply.</i>
SCCA Member	\$57.78
Non-Member	\$64.20



No. of Public  
CPD Points:  
**2.0**

Practice Area:  
**Professional  
Skills**

Training Level:  
**General**

## About the Programme

When faced with individuals in psychological distress, we may not know how to best respond, despite our best intentions. Given the high stakes and heavy workload, individuals in the legal industry may come across peers and clients experiencing psychological breakdowns due to work or personal crises. In such situations, the individual may require immediate psychosocial support to regain a sense of control over themselves - be it at work as a lawyer, or as a client in an on-going legal battle. Psychological First Aid (PFA) provides a brief, supportive, and practical first response to those in immediate emotional distress. It serves as a “band-aid” until the distressed individual is able to seek further help and resources to address his/her psychological needs.

### Learning objectives/outcomes:

- i. How to identify signs of psychological distress in individuals;
- ii. Basic skills which you can employ to help the individual cope with feelings of fear, trauma and stress brought on by emergencies,
- iii. When to refer for more specialised psychological help.

## Programme Outline

Time	Programme
1.30pm – 2.00pm	<b>Registrants to log on</b>
2.00pm – 4.00pm	<b>Psychological First Aid for Legal Professionals</b>  Jocelyn Cheng – Clinical Psychologist, Promises Healthcare
4.00pm	<b>End</b>

## Speaker’s Profile



### Jocelyn Cheng – Clinical Psychologist, Promises Healthcare

When faced with professional and personal stressors, people may experience severe and prolonged distress. Believing in psychological wellness, Jocelyn endeavours to equip clients with skills to manage distress and enhance resilience. In her practice, Jocelyn aims to provide a safe therapeutic space where clients weather and flourish through life struggles.

Since completing her Master of Psychology (Clinical), Jocelyn has been providing individual psychological intervention for adolescents and adults with mental health concerns. Having gained clinical experience in both Australia and Singapore, Jocelyn’s clientele base ranged from high-functioning individuals in multinational companies to incarcerated individuals in correctional services. Additionally, she is trained to administer psychological assessment for various aspects of functioning (e.g. behavioural, cognitive and intellectual).

## Registration

To register, please visit our website at: <https://www.lawsociety.org.sg/CPD-Portal/Law-Society-Events>.  
For enquiries, please contact us at [cpd@lawsoc.org.sg](mailto:cpd@lawsoc.org.sg) or 6530-0242.

### 1. Terms and Conditions

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- 1.1. **"Free" registration tickets are extended only to Law Society of Singapore Members.  
Note: Other employees of law firms are not eligible**
- 1.2. **"Free" Registration tickets are strictly non-transferable.**
- 1.3. **If a Member is found to have lapsed in attendance of 3 free webinars, without cancellation of registration at least 3 working days prior to the event, their subsequent free registrations will be rejected and the usual registration fee will apply. Strictly no exemptions will be considered.**
- 1.4. Registration closes on the date as stipulated on the registration page or when all seats are filled.
- 1.5. Allocation of seats is on a first-come-first-served basis and there are limited seats for each programme.
- 1.6. The registration fee is due and payable upon registration and must be received prior to the programme.
- 1.7. Payment must be made by the closing date stated. Registration will only be confirmed upon receipt of full payment.
- 1.8. The Law Society reserves the right to refuse to register or admit any participant, and to cancel or postpone the programme.
- 1.9. For paid registrations, a substitute delegate is welcome, provided that The Law Society is notified in writing of the substitute delegate's name and particulars at least 3 working days before the programme. Substitution of registrant is not applicable for "Free" registration tickets.

### 2. Cancellation and Refund of Fees

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- 2.1. Participants who cancel their registration before the commencement date shall be liable to pay the percentage of the registration fee set out as follows:
  - i. 20 calendar days before commencement date: 25% of registration fee.
  - ii. 8 to 19 calendar days before commencement date: 50% of registration fee.
  - iii. 7 calendar days or less before commencement date: 100% of registration fee.
- 2.2. Participants who cancel their registration without prior payment shall also be liable to the cancellation fee set out in 2.1. In the event that the payment for cancellation fee is not received despite multiple chasers, a tax invoice will be issued and mailed to your law practice/organisation.
- 2.3. Participants who are unable to attend the programme due to medical exigencies will be subject to a cancellation fee of 50% of the registration fee.

**Admin Note to Singapore Practitioners and s36B Foreign Lawyers in relation to the Mandatory CPD Scheme:**

No of Public CPD Points: 2.0  
Practice Area: Professional Skills  
Training Level: General

Participants who wish to obtain CPD Points are reminded that they must comply strictly with the Attendance Policy set out in the CPD Guidelines. For this activity, this includes logging in at the start of the webinar and logging out at the conclusion of the webinar in the manner required by the organiser, and not being away from the entire activity for more than 15 minutes. Participants who do not comply with the Attendance Policy will not be able to obtain CPD Points for attending the activity. Please refer to <http://www.sileCPDcentre.sg> for more information.

Note: In the course of the event, photographs/videos/interviews of participants could be taken/conducted by the Law Society or parties appointed by the Law Society for the purpose of post event publicity, either in the Law Society's official publication/website, social media platforms or any third party's publication/website/social media platforms approved by the Law Society.